

Easy



Friesian Gold





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Composition

Magnesium Oxide, Lithothamne, Magnesium glycinate, Yeast product, Linseed oil crude

Analytical components per kg

Crude ash	63.0%
Crude protein	12.4%
Crude fat	1.3%
Crude fiber	0.8%
Magnesium	26.5%
Calcium	8.8%
Sodium	0.1%
Phosphorus	0.1%

Nutritional additives per kg

L-Tryptophan	125.000 mg
Vitamin B1	4.000 mg
Niacinamide	4.000 mg
Vitamin B6	3.000 mg
Vitamin B2	1.600 mg
Vitamin B12	10 mg

Recommended dose

Horse (600 kg)	30 gram
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Supplement description

Friesian Gold Easy contains a high level of magnesium, part of which is a magnesium chelate. This is an organic compound of magnesium. The magnesium ion is bound to the amino acid glycine. Glycine is the smallest amino acid and is easily absorbed in the gastrointestinal tract. Magnesium has a function in relaxing the muscles and the functioning of the nervous system.

It also contains L-Tryptophan, an amino acid that plays a role in the production of serotonin. Serotonin is a neurotransmitter that ensures signal transmission in the brain and has a major influence on mood. Friesian Gold Easy contains yeast to support the intestinal flora and various B vitamins have been added.

Natural flight behaviour

It is logical to explain that horses have tension, they are herd animals and flight animals. It is a natural instinct to react and flee in stressful situations. We train our horses to remain calm in these situations, however, not every horse is equal and some horses suffer more than others. To support your horse in stressful situations, you can feed Friesian Gold Easy. This supplement contains ingredients that help your horse to relax.

Magnesium has a function in relaxing the muscles and the functioning of the nervous system. In addition to magnesium, L-tryptophan also plays an important role in mood. This essential amino acid stimulates the production of serotonin. Serotonin is a neurotransmitter that is important for relaxation. In addition, a healthy intestinal flora is also important. Tension affects the intestinal flora and vice versa. That is why Friesian Gold Easy contains yeast and B vitamins, for a balanced intestinal flora.

Lithothamne in horses

Friesian Gold Easy also contains lithothamne, calcified red marine algae. Lithothamne is a calcium and magnesium rich natural mineral. There is considerable anecdotal evidence suggesting that horses are less sensitive to stress and easier to train when given lithothamne. This was investigated in a study by Nielsen et al. (n.d.). In this study, lithothamne was tested on the reactivity of horses in stressful situations. Two tests were performed: a Moving Object Reactivity Test (MORT) in which a large bag is quickly lifted off the floor in front of the horse and a Handling Reactivity Test (HRT). The horse is placed in a closed space. The reaction of the horses was scored. The results showed that lithothamne can indeed help calm horses and reduce reactivity to unexpected stimuli.

Questions regarding this product sheet? Or interested in another Friesian Gold product? Contact us at info@horseadds.com or +31(0)6 53343798